



# T-HE A-WARENESS P-PANEL

FOCUSING ON MENTAL HEALTH

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MONDAY · DEC 7TH · 6:00-7:00PM

MURRIETA MESA HIGH SCHOOL  
STUDENT PANEL

JOIN STUDENTS & STAFF TO ENGAGE  
IN CONVERSATIONS ABOUT MENTAL  
HEALTH, SEEK SUPPORT, RAISE  
AWARENESS TO REDUCE STIGMA &  
EDUCATE YOURSELF & OTHERS.

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\*PRE-REGISTRATION REQUIRED\*

[CLICK HERE](#) TO REGISTER

\* LINK TO EVENT WILL BE PROVIDED 1-DAY PRIOR TO  
EVENT